

DOMESTIC
VIOLENCE
& PREGNANCY

Startling Statistics



Recent research studies show that physical abuse, such as being beaten or kicked, during pregnancy can result in premature labor and delivery, as well as injury to pregnant women and their babies.

According to the National Coalition Against Domestic Violence

- Over 50% of all women will experience physical violence in an intimate relationship.
- For up to 30% of those women, the abuse will be regular and ongoing.
- Between 4 and 8% of women report violence during their pregnancy.

If you are being abused or battered, you are not alone. There is help available and people who will understand your situation. Nobody deserves abuse. You and your children have a right to safety.

HOW TO GET HELP

- Talk to your doctor. Often pregnant women who are abused do not tell their health professionals the truth about the cause of their injuries, which can keep them from getting the care they need before and after they give birth.
- If you need emergency assistance, dial 911.

To direct you to resources available in your area:

- National Domestic Violence Hotline at **1-800-799-SAFE (7233)** www.ndvh.org.
- Family Violence Prevention Fund at **1-800-END ABUSE** www.fvvpf.org.
- National Coalition Against Domestic Violence www.ncadv.org.

The site features advice on developing your own safety plan.

FOR MEN

Men Stopping Violence www.menstoppingviolence.org, a social change organization dedicated to ending men's violence against women.

OTHER USEFUL NUMBERS

Child Abuse **1-800-4-A-CHILD**
Elder Abuse **1-800-992-1660**

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